

Субота, 18 вересня—Неділя, 19 вересня
Архієрейська Візитація і Парафіяльне Свято
Говору Успіння Пресвятої Богородиці у Оттаві

У програмі

Субота, 18 вересня

Вечірня і прийняття після вечірні

квитки на прийняття \$ 10 від особи

Неділя, 19 вересня

Архієрейська Літургія — 9:30

Спільне парафіяльне фото після Богослуження

і Святковий Бенкет

з програмою вшанування багатолітніх членів громади

Квитки: \$ 35 для дорослих \$30 для сентйорів та студентів університетів

\$15 молодь—8—18 років для дітей до 8 років БЕЗКОШТОВНО

Saturday, September 18—Sunday, September 19

Archpastoral Visit of his Eminence, Metropolitan Yuriy and
Parish Celebration of the Ukrainian Orthodox Cathedral in Ottawa

In Program

Saturday, September 18

Vesper 5 pm followed by Vine and Cheese reception and a concert

\$ 10 per person for reception tickets

Sunday, September 19

Archpastoral Divine Liturgy—9:30 am

Joint parish photo after the service

Parish Feast Banquet

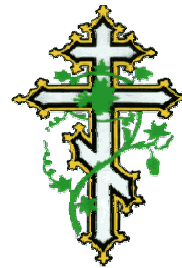
honouring long-term members of our parish community

Tickets: \$ 35 per adult \$ 30 for seniors and university students

\$ 15 youth 8– 18 years of age ; children under 8 — FREE

To purchase or reserve tickets, please call BUDUCHNIST CREDIT UNION 613 722-7073

Mrs Helen Shumovska 613 741 0167 or Parish office 613 728 0856



ASSUMPTION OF THE BLESSED VIRGIN UKRAINIAN ORTHODOX CHURCH
УКРАЇНСЬКИЙ ПРАВОСЛАВНИЙ СОБОР УСПІННЯ ПРЕСВЯТОЇ БОГОРОДИЦІ

Parish Priest: Fr. Ihor Okhrimichouk

1000 Byron Ave, Ottawa, Ontario, K2A 0J3 Tel: (613)728-0856 cell:(613)325-3903

E-mail: stamaryuoc@sympatico.ca Web site: www.ukrainianorthodox.info

Воскресний Листок
Resurrection Newsletter

БОГОСЛУЖЕННЯ І СВЯТА

Субота, 4 вересня

Вечірня 17:00

Неділя, 5 вересня Неділя 15-та по П'ятидесятниці. Голос 6-ий. Віддання свята Успіння Пресвятої Бо-го-родиці. Мч. Луппа (близько 306), Сщмч. Іриней, єп. Ліонського (202). Прпп. Єв-ти-хія (близько 540) і Флорентія (547). Свт. Калініка, патр. Константинопольського (705).

На Літургії: Ряд.: Кор. 4:6-15; Мт. 22:35-46; Богородиці: Фил. 2:5-11; Лк. 10:38-42, 11:27-28.

Літургія 10:00

Субота, 11 вересня Усікновення глави Івана Хрестителя

Літургія 10:00

Неділя, 12 вересня Неділя 15-та по П'ятидесятниці

Літургія 10:00

Субота, 18 вересня

Вечірня 17:00

Після Вечірні прийняття у парафіяльному залі

Неділя, 19 вересня

Архієрейська Літургія 9:30

**Після Богослуження Спільне Парафіяльне Фото і
Парафіяльний Бенкет**

CHURCH SERVICES AND HOLIDAYS

Saturday, September 4

Vesper 5 pm

Sunday, September 5 15th Sunday after Pentecost. Tone 6. Leavetaking of the Dormition. Martyr Lupus (c. 306). Hieromaryr Irenaeus, Bp. of Lyons (202). Martyr Victor of Marseilles (III). Sts. Eutychius (540) and Florentius (547) of Nursia. St. Callinicus, pat. of Constantinople (705). {Holy Martyr Ebba the Younger, Abbess of Coldingham (870)} Liturgy: Cor. 4:6-15; Mt. 22:35-46 (Ord.); Theotokos: Phil. 2:5-11; Lk. 10:38-42, 11:27-28.

Liturgy 10 am

Sunday, September 12 14th Sunday after Pentecost. Tone 5.

Liturgy 10 am

Saturday, September 18

Vesper 5 pm

VINE AND CHEESE RECEPTION AFTER THE VESPER SERVICE

Sunday, September 19 ARCHPASTORAL DIVINE LITURGY

Liturgy 9:30 am

Annual community photograph and Parish Dinner

НЕДІЛЯ, 12 ВЕРЕСНЯ РОЗПОЧИНАЮТЬСЯ ЗАНЯТТЯ НЕДІЛЬНОЇ

ШКОЛИ (для дітей від 4-х річного віку)

SUNDAY, SEPTEMBER 12 Sunday school classes resume

September 5, 2010 — 5 вересня 2010

ОГОЛОШЕННЯ

ВІТАЄМО ВСІХ ГОСТЕЙ І ВІДВІДУВАЧІВ ДО НАШОЇ ГРОМАДИ

ПРАКТИКА ХОРУ — КОЖЕН ЧЕТВЕР О 19:30. ЛАСКАВО ПРОСИМО НОВИХ ЧЛЕНІВ ПРИСДНУВАТИСЯ ДО НАШОГО ХОРУ

Лекції з Української мови розпочинаються 7 вересня о 19:00 в приміщенні нашого парафіяльного залу. За подальшою інформацією прохання звертатися до Олега Бєлкіна 613 842-4782

НЕДІЛЯ, 12 ВЕРЕСНЯ — РОЗПОЧИНАЮТЬСЯ ЗАНЯТТЯ НЕДІЛЬНОЇ ШКОЛИ (для дітей від 4-х річного віку)

Вівторок, 14 вересня — відновлюються заняття з українських танців — Реєстрація та перший клас розпочинаються о 18:30.

Панство Веселовських, Володимир і Анна, щиро дякують громаді за молитовну підтримку у їх терпіннях у зв'язку з раковим захворюванням собрата у Христі Володимира і всім хто мав нагоду підписати відкритку з найкращими побажаннями родині. При нагоді можете зателефонувати панові Володимирові особисто або ж відвідати його в його квартирі. Його телефон є 613 749 9812 та адреса: 641 Bathgate Dr. # 604 Ottawa, ON. СПАСИ ГОСПОДИ.

Weslowski Family, Walter and Ann, express their sincere gratitude for the prayerful support and a card signed after the church to support their family in this difficult time for the family. If you have an opportunity, Walter would be happy to hear from you or even see you for a visit. Walter's phone number is 613 749 9812 and his address is 641 Bathgate Dr. # 604 Ottawa, ON. GOD BLESS

Parish Part Time Employment Opportunity

The Parish is seeking a part-time Administrative Assistant to work 15 hours per week.

The Administrative Assistant shall provide the pastor, Parish Council and the parish community with reception, clerical and administrative services. The primary set of administrative duties are to:

- assist the Parish Priest,
- assist the Hall Rental Manager
- and provide support to the Parish Council.

Essential Requirements for this position are:

- fluency in spoken & written Ukrainian and English
- French language abilities would be an asset
- formal training as an Office administrative assistane

ANNOUNCEMENTS

A WARM WELCOME TO ALL GUESTS AND VISITORS TO OUR COMMUNITY

CHOIR PRACTICES — EVERY THURSDAY AT 7:30 PM. NEW MEMBERS ARE WELCOMMED TO JOIN.

Ukrainian language classes resume on September 7 at 7 pm at our parish auditorium. For further enquiries or information on classes, please contact Oleh Belkin at 613 842-4782

SUNDAY, SEPTEMBER 12 — Sunday school classes resume (for the children from 4 years of age)

Tuesday, September 14 — Ukrainian folk dance classes resume. Classes for three age categories — registration and first class at 6:30 pm.

excellent interpersonal & communication skills;
accuracy and attention to detail;
ability to work independently as well as be a great team player;
computer literacy (knowledge of Word, Outlook, Excel, PowerPoint, and Publisher);
initiative and strong organizational skills.

This important role requires an individual who supports the Orthodox's Church's mission and has a courteous, Christ-like attitude in dealing with people.

If you would like to be considered for this position, please email your resume AND a cover letter to stamaryuocc@sympatico.ca email address.

Deadline for submissions is September 11, 2010

The Sacrament of Confession: Remedy for a sick soul By Bishop Alexander (Mileant)

Aid to Repentance

A spiritual leaflet from Mount Athos gives the following directive: "Intending to confess, before going to the priest, seclude yourself, beloved brother, even if for an hour. Put aside all secular matters, collect your thoughts and thoroughly examine your conscience: How did you sin in thought, word or deed? In what did you offend God and your neighbor? Try to remember all the sinful events and their details. After this pray, grieve and wash your conscience with tears of repentance. Feeling relief in your heart, make a firm resolve to fight your bad habits and to become a better Christian. After preparing yourself in this way, go to the priest-confessor believing that God will forgive you ¾ for He has never rejected a contrite and humble heart. When you come to the priest, confess without shame, do not hide anything, do not try to 'save face.' For many of us have become accustomed to putting up a front for others, and try to appear better than we really are. Being used to hypocrisy, we are often ashamed to honestly admit our faults, omitting some and leaving others incomplete. Remember, my brother, that the Holy Spirit says in the Scripture: 'Whoever hides his sin receives no benefit.' So speak openly without self-justification and without blaming others. If someone offended you, make peace with him and forgive him with all your heart, according to the words of the Lord: 'If you forgive others then God the Father in heaven will forgive you. But if you do not forgive those who sin against you, then the Father will not forgive you your sins.' Amen."

The following prayers of repentance with enumeration of sins can help an individual to repent at home and to come to church prepared for Confession:

I bring to You, my merciful Lord, the heavy burden of my innumerable transgressions, which I have committed from my very youth and up till today.

Mental and sensual sins: I have sinned, my Lord, by being insensitive towards Your mercies, by neglecting Your commandments and by being ungrateful. I have sinned by being indifferent towards Your Truth, by having doubts about faith, by being superstitious and curious about unorthodox teachings. I have sinned by thirst for pleasure, love for money and luxury items, by passionate interest in another person and sinful thoughts. I have sinned by spiritual weakness, vanity, suspicion, jealousy, envy, irritability and anger. I have sinned by excessive sadness, depression and despair. I have sinned by contempt for people, gloating over misfortunes others, self-reliance, pride and blasphemous thoughts. Forgive me, O Lord,

and help me to become a better Christian.

Sins of the tongue: I have sinned, my Lord, by idle talk, unnecessary laughter, speaking in the church and by using Your Holy Name in vain. I have sinned by criticizing of others, by using rude words, yelling, and by making sarcastic comments. I have sinned by cursing people and wishing them evil, by mockery and insults. I have sinned by telling indecent jokes, bragging and breaking my promises. I have sinned by complaining, irreverent conversations and damning. I have sinned by spreading unkind rumors, gossiping, lying, slandering and denunciation. Forgive me, O Lord, and help me to become a better Christian.

Sins through deeds: I have sinned, my Lord, by not loving You, my Creator and Benefactor, with all my heart and all the time as I should. I have sinned, by being selfish, lazy and by wasting time. I have sinned by careless and disoriented prayer, by missing church services and coming late to church. I have sinned by being disrespectful with my parents, by refusing to help them and to do what they said, by disobedience and stubbornness. I have sinned by negligence towards family needs and by failing to instruct my children in the Christian faith. I have sinned by self centeredness, over-preoccupation with my career and success in life, greediness, stinginess and by failing to help the needy. I have sinned by over-eating, over-indulgence, breaking fasts, smoking, abusing alcohol, using stimulants, squandering resources and by gambling. Forgive me, O Lord, and help me to become a better Christian.

I have sinned, my Lord, by looking at someone with lust, looking at indecent films or magazines, listening to music which evokes crude or lustful desires, listening to indecent jokes and stories. I have sinned by wasting too much time in front of a TV, by watching scenes of violence and sin. I have sinned by being obsessed with my appearance, by behaving in a tempting matter, masturbation, lasciviousness, sexual perversions, adultery, and other corporal sins which are too shameful to say aloud. I have sinned by losing my temper, displaying anger, by crudeness, rude treatment of close ones, by non-reconciliation and revenge. I have sinned by hypocrisy, insolence, impertinence and careless handling of sacred objects. I have sinned by being cruel, deceitful, stealing, and taking bribery. I have sinned by consenting to abortion, having interest in occult subjects, astrological forecasts and by visiting fortune tellers.

Dear brother or sister in Christ, never despair! Remember that there is no sin which is beyond God's mercy. For the Lord Himself promised through His prophet, "Though your sins may be like scarlet, I shall whiten them as snow; Though they be red like crimson, they shall be as wool" (Isaiah 1:18).